



**Kerry's  
Place**

Autism Services  
Services en autisme

# 6 Pillars of a Brave Space

**Perspective  
Taking**

Listen to  
understand not  
to respond.

**Lean into  
Fear**

Use fear to  
propel us into  
learning and  
move us in the  
direction of  
growth and  
change.

**Critical  
Thinking**

Remain open to  
questioning and  
being questioned  
in the pursuit of  
mutual  
understanding  
and personal  
growth.

**Examine  
Intentions**

Asking ourselves  
what we think  
someone's  
intentions were  
with what  
they've shared

**Vulnerability**

Sharing about  
your experiences  
within your  
boundaries and  
only what you're  
comfortable  
with.

**Mindfulness**

Continually  
checking in with  
yourself.