

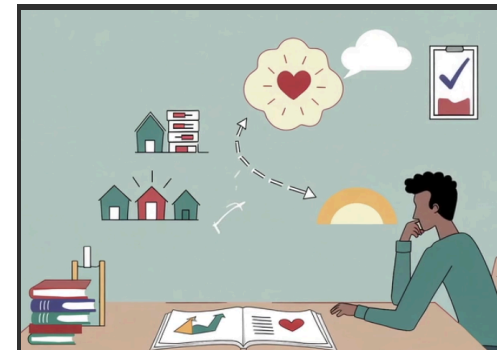
GOALS AND ISP/PDP PLANS



Every year at Kerry's Place, I have a meeting to discuss my own personal goals, which is used to create an Individualized Support Plan/Person Directed Plan (ISP/PDP). This plan helps staff to know how to best support me.



This meeting includes my Kerry's Place team, as well as important family or friends who will assist with me reaching my short and long term goals. I discuss my likes, dislikes, strengths, and challenges with them.



I think about my goals, and share them with staff and my support network, so that they are included in my ISP/PDP. The goals I pick are based on my interests and preferences and can be anything I want to do, learn, or anywhere I'd like to visit!



Goals can include learning new skills, making new friends, or becoming more independent.



Staff check in with me often to see how my goal progress is going. Changes are made when needed and the whole plan is updated at least once every year. I join my ISP/PDP meeting so everyone knows how to help me succeed!