## **REDUCING CHALLENGING BEHAVIOURS**



Part of living at Kerry's Place means getting help from staff to stay safe and feel better.



Some individuals at Kerry's Place are supported to reduce challenging target behaviours.



Kerry's Place

This means that there is a plan to help me stay safe and feel better when I am being unsafe.



Staff are trained to know how to best support me. It is my right to be part of the planning process about how to support me this way.



Everyone working with me in my home needs to know about me and learn how to help me.



With the help of my staff, I can learn how to stay safe!